

Sustainable

Food by FLIK

We've got **milk**
free of any artificial
hormones

Our **produce**
Is sourced locally during the
harvest months to support
the local family farm

Truth on **trans fat**
No artificial trans fats in
anything we do

A good **egg**
Our eggs come from cage
free hens humanely raised

Raised right **beef**
Our ground beef for
hamburgers are all natural,
antibiotic and hormone free

Fine feathers on **poultry**
No routine use of antibiotics
or growth hormones

The skinny on our **seafood**
We avoid the use of seafood
identified as threatened or
endangered

In our **kitchen**
Practices are in place to
minimize our eco footprint